

The Center For Trauma & Resilience

2021 Annual Report

Helpline – English (303)894-8000 – Español (303) 718-8289 – Main Office (303) 860-0660

Greetings to Friends, Donors and Community Supporters! ---

Dear Supporters and Friends of The Center for Trauma & Resilience,

As we end our 34th year of trauma and healing services for the Denver metro community, we want to ask you to pause, reflect, and congratulate the unfatigued work and vision of the leadership and staff at The Center for Trauma & Resilience (CTR). We are buoyed and in awe of our organization's ability to hold steadfast to the values of social work, social justice, and health promotion, and engage in a visible and meaningful manner with the complexities of diversity, inclusion, and equity... long before it was trending! We want to acknowledge the leadership of Cathy Phelps, Kathi Fanning, Amy Ulrich, Joan Njagu, Fatima Garcia, Enid Nieves, and Miles Cook - a creative and driven team who are fearless in their quest for honor and justice.

CTR has remained physically open and accessible through the pandemic of COVID-19 and reckoning of social injustices witnessed around the world. We were invited and began a partnership with Mercy Housing and provide both clinical and somatic services at five (5) housing sites. Staff vision came full circle, as we reached in to formerly incarcerated women - who suffered complex trauma histories - in order to offer wraparound support for unaddressed wounds that may have contributed to their incarceration.

We promised to listen to all voices, make the invisible visible, and steward all financial support as if it were coming from our own pockets.

Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Only when we know our own darkness as well can we be present with the darkness of others. Compassion becomes real when we recognize our shared humanity. - Pema Chodron
Best wishes,

Sire N'zimiro, Karen Collier, Lawson Felice
CTR Executive Committee

Statement Of Purpose ---

Agency Mission

The Center for Trauma & Resilience provides culturally and linguistically responsive programs, health promotion and crime prevention education.

Staff Mission

To create and maintain a cooperative work environment which promotes accountability, trust, and respect for individual strengths and team growth, while sharing a commitment to a common vision.

Our Vision

- ♥ Operate a clearinghouse to refer people to existing services and to work cooperatively on behalf of victims and their needs.
- ♥ Provide services to crime victims who have been underserved because of their income, age, gender, ethnicity, sexual orientation, religious beliefs, disability or national origin.
- ♥ Support, without duplication, private sector and other nonprofit organizations in offering services, including mental, legal, health, therapy, etc.
- ♥ Provide services to Denver residents and victims of crime committed in Denver.
- ♥ Provide confidential services unless danger to a child, self or others is disclosed.

All CTR services are confidential and provided at no cost by professional counselors and trained volunteers.

TRAUMA SERVICES PROGRAM

HELPLINE

- ♥ Provided comprehensive services and case management to 1,049 primary and co-victims, and responded to 4,898 requests for information and referrals.
- ♥ Coordinated the disbursement of \$112,860 of emergency financial assistance for expenses related to the victimization of 264 individuals.
- ♥ Provided 1,437 in-person counseling sessions that guided survivors through trauma recovery.
- ♥ Expanded therapy services to include virtual sessions and provided 571 sessions for 100 clients.
- ♥ Distributed bus passes and supplied taxi and transportation services for 68 clients.
- ♥ Provided emergency food vouchers to 240 clients.
- ♥ Provided crime prevention education and information to 457 individuals.

BEFRIENDING THE BODY

- ♥ Conducted 30 groups of classes on trauma-sensitive yoga for 130 participants.
- ♥ Provided 267 sessions of trauma-detoxification acupuncture.
- ♥ Conducted Tai-Chi classes for 31 participants.

ELDER PROGRAM

- ♥ Served 228 seniors and coordinated 347 in-person and home visits.
- ♥ Our Senior Companion provided accompaniment and transportation services for 149 individuals.

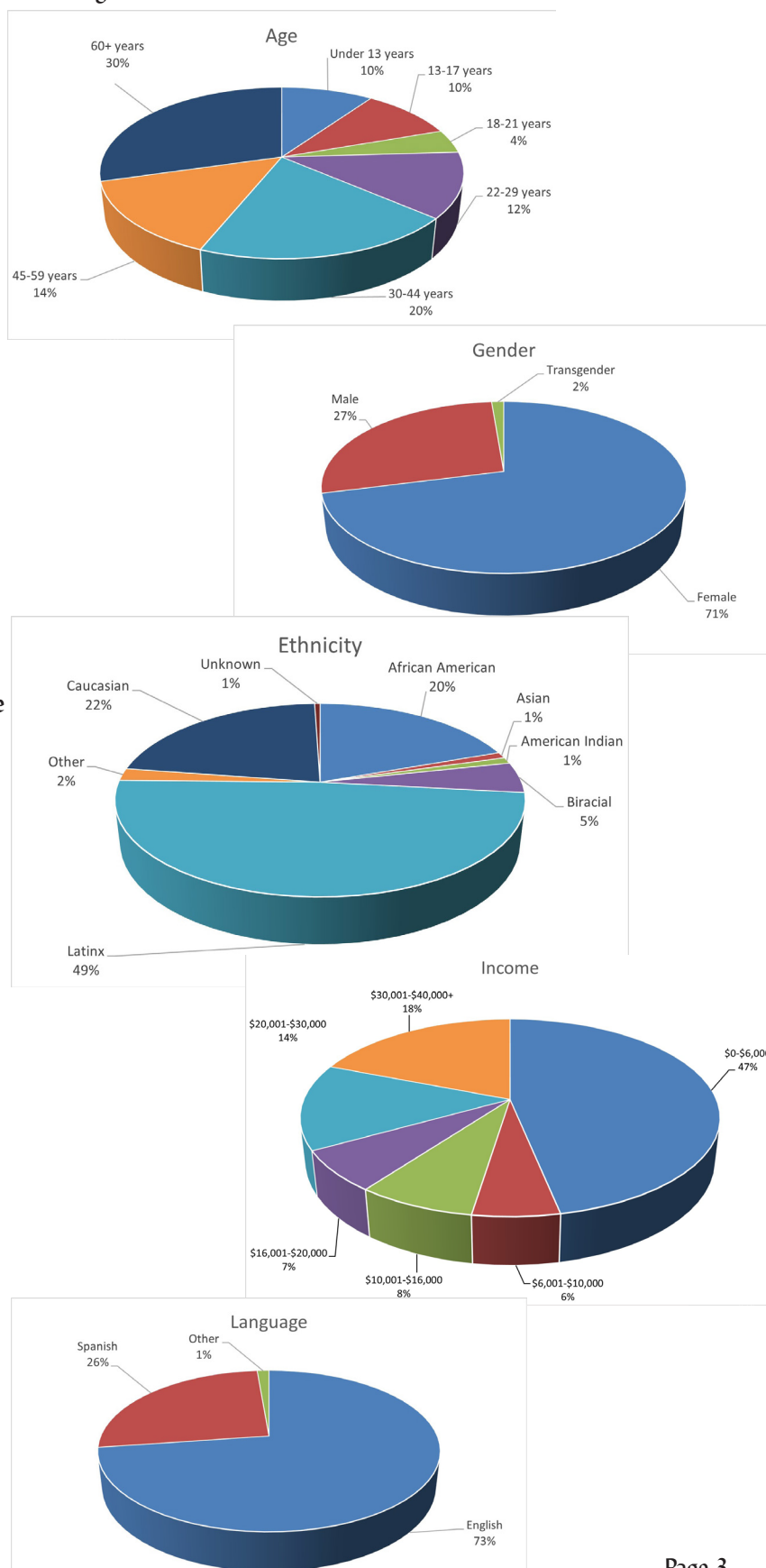
MI GENTE-VAWA LEGAL SOLUTIONS

- ♥ Assisted 296 immigrants who have been victims of domestic or sexual violence to obtain legal status.

THE TRANSLATION & INTERPRETING CENTER

- ♥ Provided language services at no cost for 608 survivors.

CTR provides a wide array of services to a diverse constituency. The following provides a graphic representation of client statistics. Percentages are based on client cases closed.



2021 Highlights

- ♥ For the fifth year, CTR was selected by *The Nonprofit Times* as one of the Top 5 Best Nonprofits to Work for in the United States.
- ♥ CTR hosted its signature fundraiser, Old School Affair.
- ♥ CTR adopted a portion of Cheesman Park in Capitol Hill and provided cleanup services six times during the year.
- ♥ CTR's Elder Program provided on-site support groups for residents in three senior living centers. Additionally, CTR added nutritional cooking classes for seniors.
- ♥ CTR received the Charity of the Month award by the Better Business Bureau. Members produced a video and fundraiser for the Emergency Fund.
- ♥ CTR's Executive Director was awarded the Affiliate Faculty of the Year Award from Metropolitan State University..



Dancing the night away at the Annual Old-School Fundraiser



Group Photo at Senior Wellness Day



Wellness Initiative for Seniors Program



Zumba at CTR

Special Thanks to Our Donors

Our heartfelt thanks to all who invested in the mission of The Center for Trauma & Resilience during 2021.

Foundations and Government Grants

17th Judicial District VALE
18th Judicial District VALE
A.V. Hunter Trust
Benevity Community Impact Fund
Community First Foundation
Comprecare Fund
Hamilton-Boyle Charitable Trust
Schlessman Family Fund
State of Colorado Domestic Violence Program
State of Colorado Victim of Crime Act Funds
The Colorado Trust
The Colorado Trust - Directed Contributions Program
The Denver Foundation
The Denver Foundation -- Black Resilience in Colorado Fund
The Denver Foundation -- Denver Immigrant Legal Services Fund
The Denver Foundation -- Transforming Safety North Aurora
U.S. Department of Justice -- Office on Violence Against Women

Corporate Donors

1st Bank
Admiration Auto Body
BOK Financial

Stewards

(gifts of \$5,000 or more)
Dr. Brenda Allen

Patrons

(gifts of \$1,000 or more)
Samuel Bernard
Zelda DeBoyes
Kappa Alpha Psi Fraternity
Andrea Kawulok
Alexandra Newfield
Colleen Thumm

Benefactors

(gifts of \$500 or more)
Carolyn Agosta
Michele Forgue
Nemayian Muthiora
Sire' Nzimiro
Jennifer Price
Mark and Lyndi Rohde
Amy and Steve Ulrich

Champions

(gifts of \$250--\$499)
Lanceferd Alexander
Lauren Casteel
Karen Collier
Terri Eggert, CPA
Jesse Henderson
Breanna Holligan
Marcy Ann Kaufman
Rayna Kingston
Enid Nieves
Billie Smith
Scott Snow
Diana Sweers
Michael Wyatt

Advocates

(gifts of \$100--\$249)
Katina Banks
Thomas J. Beckett
Michele Bernadett
Beverly Bernard
Larry Berryman
Bill Bridges
Miles Cook
Frederick Damour
Vivianna de la Torre
Stephen Ekerberg
Cinthia Esparza
Kathi Fanning, LPC
Magenta Freeman
Yvette Freeman
Debra Gilbert
Mary Ann Hughes
Patrick Kemble
Craig Lassen
Carole Leher
Pamela Liverpool
Keysha Macias
Brenda Melons
Vince Miller
Stefan and Brenda Mokrohisky
Mikayla Palma
Frankie Inez Rachell-Bruce
Spencer Shaffstall
Fatoumata Sylla
Matthew Urkoski
Jack Weixel

Friends

(gifts up to \$99)
Danielle Ananea
Erik Arreola
Jessenia Ascencio
Carolyn Bachman

Jamie Balayti
Martin Bernard III
Jill Bernard
Andrew Boyle
Beverly Ann Brauer, Psy.D.
Philisia Brooks
Tiera Brown
Lizbeth Bueno
Perla Bustillos
Joe Cardamone
Diana Chavez
Catherine Clark
Nan Clydesdale
Judy Coker
Stephanie Cross
Diana de la Rosa
Rocio de la Rosa
Meriwether Denman
P. Senakhu Donald
Mekinzi Douglas
Kara Duwe
Cinthia Esparza
Jose Esparza
Nicole Espinoza
Victoria Farbisz
Cassie Fray
Lawson Felice
Julie Finkle
Dana Gallagher
Fatima Garcia
Patricia Goggans
Lauren Goodwin
Jeff and Helen Goody
Andrea Guajardo
Sara Harville
David and Lynn Hayes
Tyler Hayes
Nicole Hodges
Mary Holmes
Madijah Hosein
Monifa Hunt
Philip Jones
Jules Kelty
Katie Kershenbaum
Kimberly Kingston
Lucy Klein
Terri Konrad
Mary Landerholm
Emily Litt
Florence Lovato
Linda Lyman
Trina Collier
Marina Mackrow

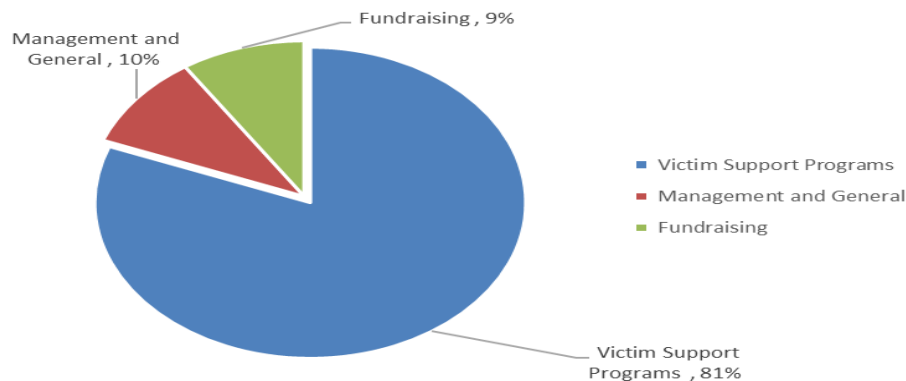
Siana Mahoney
Valeria Martinez
Stacia Miller
Carol Mills
Karla Mina
Tara Montoya
Klara Nino
Cassandra Paik
Alejandra Perez
Alexandra Perl
Vienna Prsesley
Heather Rera
Marian Robinson
Giseel Rosario
Michelle Sanchez
Vivian Sheldon Epstein
Holly Joy Spitz
Heather Sutton
Jesus Tapia Mina
Raikeis Timm
Renee Timm
Justin Trail
Christine Velez
Nayeli Villalobos
Ruben Villalobos
Adam Weiner
Michael Wilkins
Allen Wong
Kevin Wooster

In-Kind Donors

Lanceferd Alexander
Jessenia Ascencio
Tayler Barber
Joe Cardamone
Karen Collier
Viviana de la Torre
Terri Eggert, CPA
Kathi Fanning, LPC
Fish On Colorado
Kyle Freeland
Daysse Maryan Gomez
Breanna Holligan
Majidah Hosein
Joan Hunter
Rayna Kingston
Alexandra Newfield
Enid Nieves
Mikayla Palma
Cathy Phelps, LCSW
Scott Snow
Raikeis Timm
Tiya Trent
Ian Zimemrman

THE CENTER FOR TRAUMA & RESILIENCE STATEMENT OF FINANCIAL POSITION December 31, 2021

ASSETS		LIABILITIES AND NET ASSETS	
Current Assets:		Current Liabilities:	
Cash and Cash Equivalents	1,685,668	Accounts Payable	1,182
Grants Receivable	316,474	Accrued Expenses	61,239
Foundations Receivable	-	Current Portion of Notes Payable	7,995
Employee Advances	5,154	Total Current Liabilities	70,416
Prepaid Expenses & Other Assets	4,560		
Total Current Assets	2,011,856		
Property and Equipment:		Long-Term Liabilities:	
Land	258,220	Notes Payable, less current portion above	568,568
Building	698,851	Total Liabilities	638,984
Furniture and Fixtures	62,061	Net Assets:	
Equipment	77,135	Without Donor Restrictions	2,190,205
Less Accumulated Depreciation	(280,946)	With Donor Restrictions	31,032
Total property and Equipment	815,321	Total Net Assets	2,221,237
Cash in Bank - Restricted	11,032		
Beneficial Interest in a Perpetual Trust	22,012		
	848,365		
Total Assets	2,860,221	Total Liabilities & Net Assets	2,860,221



STATEMENT OF ACTIVITIES December 31, 2021			
REVENUES AND OTHER SUPPORT	Without Donor Restrictions	With Donor Restrictions	Total
Grant Revenue	1,127,801	-	1,127,801
Contributions	580,958	-	580,958
Translation Fees	118,703	-	118,703
Change in Value of Beneficial Interest in Perpetual Trusts	-	2,040	2,040
Net Assets Released from Restriction	569,019	(569,019)	-
Total Revenue	2,396,481	(566,979)	1,829,502
Expenses:			
Program Services - Translation Center	147,133	0	147,133
Program Services - Victim Support Programs	1,257,704	0	1,257,704
Management and General	170,275	0	170,275
Fundraising	161,695	0	161,695
Total Operating Expenses	1,736,807	-	1,736,807
Change in Net Assets from Operations	659,674	-566,979	92,695
Nonoperating Activities			
Forgiveness of PPP Loan	257,400	0	257,400
Interest Expense	(17,931)	0	(17,931)
Interest Income	39	0	39
Total Non Operating Activities:	239,508	-	239,508
CHANGE IN NET ASSETS	899,182	(566,979)	332,203
Net Assets, beginning of year	1,291,023	598,011	-
NET Assets, end of year	2,190,205	31,032	-

The People Who Make It Possible

♥ 2021 Volunteers and Interns

Emetethal Almasri
Antoinette Chavez
Blue Cook
Ashley Dunomes
Greg Fanning
Madison Fanning
Seth Feldman Tyler

Hayes Dusty Jones
Denise Mason
Ms. Rosilyn Masterson
Taylor McCoy
DJ Mear
Kamilla Perez
Sonley Perez

Jah Rain
Shelby Shackelford
Nayeli Villalobos
Sofia Villalobos

♥ 2021 & 2022 Staff and Consultants

Cathy Phelps, MA, LCSW Executive Director
Kathi Fanning, MS, LPC Director of Training
Amy Ulrich, MNM Director of Administration
Joan Njagu, MBA Finance Director
Enid Nieves (MSW Candidate) Director of Hotline Services
Miles Cook, MA Internship Specialist
Maryan Gomez, JD Mi Gente VAWA Legal Solutions
BIA Accredited Representative
Paralegal
Fatima Garcia Mi Gente VAWA Legal Solutions
BIA Accredited Representative
Paralegal
Cinthia Esparza Mi Gente Legal Assistant
John Young Case Manager
Nicole Hodges, MSW, CAS CORE Therapist

Pamela Liverpool (9/21) Program Manager, TI Center
Sol Cho Program Assistant, TI Center
Breanna Holligan, MSW Elder Specialist
Karen Frazier (3/21) Elder Case Manager
Nemayian Muthoria Elder Case Manager
Michael Wilkins, LCSW (10/21) Counselor
Viviana de la Torre Case Manager
Joe Cardamone, (MSW Candidate) Counselor
Mikayla Palma (MSW Candidate) Case Manager
Jessenia Ascencio Case Manager
Raikis Timm, RYT (10/21) Peer Yoga Specialist
Rayna Kingston, BA (12/21) Executive Assistant
Alexis Dorn Website/Marketing Consultant
Ginger McGuire, JD, Esq Supervising Attorney
Kent Webb, LCSW Clinical Consultant

♥ 2021 & 2022 Officers and Board Members

President
Nadia Lopez
Admiration Auto Body

Vice President
Sire' Nzirimo
Envista Forensics

Treasurer
Lawson Felice
FirstBank

Secretary
Karen E. Collier
Community Activist

Lanceferd Alexander
Denver Sheriff's Department

Samuel Bernard
Mandolin

Mona Calderon
Auraria Campus

Terri Eggert
Steel Energy Services Ltd.

Alexandra Newfield
Education Technology

Scott Snow
*Denver Police Department - Crisis
Services Bureau*

Special thanks and a fond farewell to:

Terri Eggert, Michael Wyatt, Alexandra Newfield, and Vanessa Williams

