# The Center For Trauma & Resilience

2020 Annual Report

# Greetings to Friends, Donors and Community Supporters!



Dear Supporters and Friends of The Center for Trauma & Resilience,

The Center learned to pivot its acts of resilience in response to both pandemics, the COVID19 virus, social injustice tensions, and the resulting economic uncertainty for the majority of our clients.

CTR remained physically open throughout the pandemic. CTR never wavered from a call to action and the ongoing need to provide essential trauma-relief services. CTR takes a holistic approach to healing and community work--and thus, designed and implemented a peer support program that gathered affinity groups to "breathe and debrief" the social injustice events of last summer. Our peer support groups focused on elevating self-care and longevity.

The Center for Trauma & Resilience felt the economic impact of COVID-19, but we navigated the challenge and hosted a virtual fundraiser. Our 2nd Annual Old School Affair: Virtual Edition was a huge success. We hosted people for a night of good music and dancing. Thanks to all who attended, supported the Center, and celebrated our good work.

The work of the CTR leadership team and staff inspires me and my distinguished board colleagues to recommit to our values and support the Center to the best of our ability. Last year was challenging, but we gathered together and came to the table with new ideas and solutions.

Thank you for your continued passion and support of CTR.

Best wishes,

Nadia Lopez Board President

## Statement Of Purpose

#### **Agency Mission**

The Center for Trauma & Resilience provides culturally and linguistically responsive programs, health promotion and crime prevention education.

#### **Staff Mission**

To create and maintain a cooperative work environment which promotes accountability, trust, and respect for individual strengths and team growth, while sharing a commitment to a common vision.

#### **Our Vision**

- Operate a 24-hour clearinghouse to refer people to existing services and to work cooperatively on behalf of victims and their needs.
- ▼ Provide services to crime victims who have been underserved because of their income, age, gender, ethnicity, sexual orientation, religious beliefs, disability or national origin.
- Support, without duplication, private sector and other nonprofit organizations in offering services, including mental, legal, health, therapy, etc.
- Provide services to Denver residents and victims of crime committed in Denver.
- Provide confidential services unless danger to a child, self or others is disclosed.

All CTR services are confidential and provided at no cost by professional counselors and trained volunteers.

#### TRAUMA SERVICES PROGRAM

#### 24-HOUR HOTLINE

- Provided comprehensive services and case management to 1,391 primary and co-victims, and responded to 3,612 requests for information and referrals.
- Coordinated the disbursement of more than \$114,700 of emergency funds for expenses related to the victimization of 451 individuals.
- Provided 1,641 short-term crisis counseling sessions that guided survivors through trauma recovery.
- Distributed bus passes and supplied taxi and transportation services to 73 clients.
- Provided emergency food vouchers to 300 clients.
- Provided crime prevention education and information to 684 individuals.

#### **BEFRIENDING THE BODY**

Conducted 14 groups of classes on trauma-sensitive yoga for 85 participants.

#### CHILDREN, YOUTH AND FAMILIES

Served 170 children and their families.

#### **ELDER PROGRAM**

- Served 325 seniors and coordinated 362 in-person and home vists.
- Provided 533 advocacy services and 385 crime prevention assessments.
- Our Senior Companion provided accompaniment and transportation services for 337 individuals

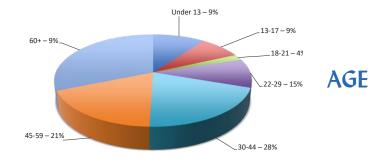
#### MI GENTE-VAWA LEGAL SOLUTIONS

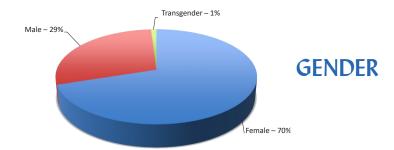
Assisted 196 immigrants who have been victims of domestic or sexual violence to obtain legal status in conjunction with the Violence Against Women Act.

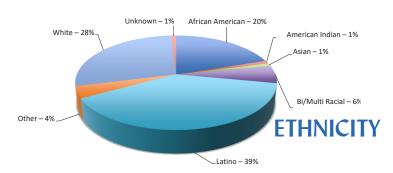
#### THE TRANSLATION & INTERPRETING CENTER

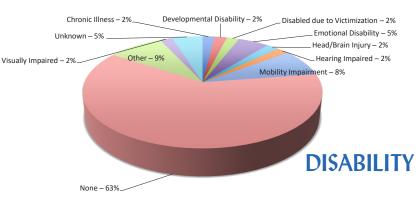
Provided language services at no cost for 565 people.

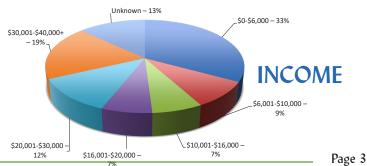
CTR provides a wide array of services to a diverse constituency. The following provides a graphic representation of client statistics. Percentages are based on client cases closed.











# 2020 Highlights

- ▼ For the fifth year, CTR was selected by The Nonprofit Times as one of the Top 5 Best Nonprofits to Work for in the United States.
- CTR hosted its signature fundraiser, Old School Affair.
- CTR adopted a portion of Cheesman Park in Capitol Hill and provided cleanup services six times during the year.
- CTR's Elder Program provided on-site support groups for residents in three senior living centers. Additionally, CTR added nutritional cooking classes for seniors.
- CTR received the Charity of the Month award by the Better Business Bureau. Members produced a video and fundraiser for the Emergency Fund.
- Executive Director voted Affiliate Faculty of the Year at Metropolitan State University.



A Zumba routine to the song "Higher Love" by Whitney Houston and Kygo



Tai Chi by Apprentice of Peace Youth Organization

#### Our heartfelt thanks to all who invested in the mission of The Center for Trauma & Resilience during 2020.

## Foundations and Government Grants

17th Judicial District VALE 18th Judicial District VALE 2nd Judicial District VALE A.V. Hunter Trust Caring for Denver Foundation Colorado COVID Relief Fund Community First Foundation Comprecare Fund

Hamilton-Boyle Charitable Trust Rose Community Foundation

Schlessman Family Fund State of Colorado Domestic Violence Program

State of Colorado Victim of Crime Act Funds

The Colorado Health Foundation

The Denver Foundation --Community Responsive Grants

The Denver Foundation --Critical Needs Fund (COVID Relief)

The Denver Foundation --Landscape Cohort Project

The Denver Foundation --Strengthening Neighborhoods Program

The Denver Foundation -Transforming Safety North Aurora

U.S. Department of Justice – Office on Violence Against Women

Women's Foundation of Colorado

#### **Corporate Donors**

Ist Bank

Admiration Auto Body Benevity Community Impact Fund

The Links, Inc - Denver Chapter

#### Gifts of \$5,000 or more

Andrea Kawulok Nadia Lopez

#### Gifts of \$1,000 or more

Samuel Bernard

City Councilwoman Candi CdeBaca

Colleen Thumm Dr. Nita Mosby Tyler

#### Benefactors

(gifts of \$500 or more) Carolyn Agosta Robb Brown Nan Clydesdale Terri Eggert, CPA Kathi Fanning, LPC Kevin Kelly Pamela Liverpool Billie and Sid Smith

#### Advocates

(gifts of \$250-\$499) Lauren Casteel Victoria Cisneros Karen Collier Justin DelVecchio Reid Godbolt Brad Hamilton Breanna Holligan Marcy Ann Kaufman Rayna Kingston James Lockhart Brooke McGuire Alexandra Newfield

Enid Nieves
Sire' Nzimiro
Toni Rodgers
Diana Sweers
Todd Taylor
Raikeis Timm
Amy Ulrich
Sylvia Walker
Tina Walls
Michael Wyatt

#### Supporters

(gifts of \$100-\$249) Thomas J. Beckett Beverly Ann Brauer, Psy. D. Joe Cardamone Spencer Carroll Shelley Casagrande Mary Cicily Chun Stephen Ekerberg Kathleen Eliason Bill Farr Steve Felice Donahue Hayes Fernanda Jacques Susan Kaplan Cooper Leher Keysha Macias

Cole McCullough
Meghan McGuire
Stefan and Brenda Mokrohisky
Patricia Newfield
Victor Nzimiro
Mikayla Palmal
Jennifer Price
Frankie Rachell-Bruce
Judith Rojas
Christine Rowe
Audrey Smith
Scott Snow
Ann Stoenner
Andrea Tomingas
Ben Weeda

#### Assistants

Denise Maria Zerega

(gifts up to \$99)
Melinda Alonzo
Jessenia Ascencio
Carolyn Bachman
Anna Bangert
Natasha Billups
Claudine Blinkey
Monique Box
Raven Brown
Jerry Lee Cathcart
Cinthia Chacin
Miles Cook
Erin Craig
Jared Crain
Stephanie Cross

Susanna Rodriguez Deleon Kara Duwe Edna Encheozo David Engleberg Cinthia Esparza Fannve Evans Hannah Evans, Ph.D Julie Finkle Chandra Frazier Karen Frazier Fatima Garcia MaryAn Gomez Sara Harville David and Lynn Hayes Susan Holligan Rossynet Jimenez Jules Kelty Kendall Kelty

Terri Konrad

Syndy Lee

Lauri Lehan Patricia Lepiani Min Levine Vanessa Lopez Florence Lovato Lindy Lyman Trina Collier Marina Mackrow Siana Maureen Mahoney Christina Mijares Tara Montoya Lisa Nguyen Alexandra Perl Rosa Richardson Mark Rohde Vivian Sheldon Epstein Mark Sherman Mia Sole Matthew Urkoski William Thomas Van Orman

Carlos and Valentina Vannoni Christine Velez Duane Waber Arlene Weissberg Michael Wilkins Sharon Wood

#### **In-Kind Donors**

Jessenia Ascencio Karen Collier Terri Eggert, CPA Cinthia Esparza Kathi Fanning, LPC Lawson Felice Fatima Garcia Maryan Gomez Breanna Holligan Rayna Kingston Pamela Liverpool Nadia Lopez Brooke McGuire Alexandra Newfield **Enid Nieves** Sire' Nzimiro Mikalya Palma Cathy Phelps, LCSW Raikeis Timm Michael Wyatt

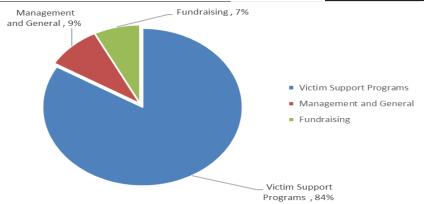


### THE CENTER FOR TRAUMA & RESILIENCE

## STATEMENT OF FINANCIAL POSITION

December 31, 2020

ASSETS		LIABILITIES AND NET ASSETS	
Current Assets:		Current Liabilities:	
Cash and Cash Equivalents	1,338,487	Current Liabilities.	
Grants Receivable	298,405		
Foundations Receivable	7,420		
Employee Advances	4,797	Accounts Payable 1,88	34
Prepaid Expenses	10,915	Accrued Expenses 51,60	
Other Assets	-	Current Portion of Notes Payable 7,65	
Total Current Assets	1,660,024	Total Current Liabilities 61,13	_
Property and Equipment:		Long-Term Liabilities:	
Land	258,220	Notes Payable, less current portion above 576,66	63
Building	698,851	Total Liabilities 637,80	)2
Furniture and Fixtures	62,062	Net Assets:	
Equipment	67,350	Without Donor Restrictions 1,291,02	23
Less Accumulated Depreciation	(257,003)	With Donor Restrictions 598,01	11
Total property and Equipment	829,480	Total Net Assets 1,889,03	34
Cash in Bank - Restricted	14,791		
Beneficial Interest in a Perpetual Trust	22,541		
_	866,812		
Total Assets	2,526,836	Total Liabilities & Net Assets 2,526,83	36



	STATEMENT OF ACTIVI	TIES		
	December 31, 2020	)		
REVENUES AND OTHER SUPPORT	Without Donor Restrict	tions	With Donor Restrictions	Total
Grant Revenue	1,235,778		563,220	1,798,998
Contributions	532,823			532,823
Translation Fees	69,806			69,806
Change in Value of Beneficial Interest in Perpetual Trusts	-		2,168	2,168
Net Assets Released from Restriction	8,857		(8,857)	-
Total Revenue	1,847,264		556,531	2,403,795
Expenses:				
Program Services - Translation Center	168,719		0	168,719
Program Services - Victim Support Programs	1,275,549	84%	0	1,275,549
Management and General	154,406	9%	0	154,406
Fundraising	129,554	7%	0	129,554
Total Expenses	1,728,228		-	1,728,228
Other Income (Expense):				
Miscellaneous Income (Expense)			0	-
Interest Expense	(18,451)		0	(18,451)
Interest Income	377		0	377
Total Non Operating Activities:	(18,074)		-	(18,074)
CHANGE IN NET ASSETS	100,962		556,531	657,493
Net Assets, beginning of year	1,190,061		41,480	- 1,231,541
NET Assets, end of year	1,291,023		598,011	- 1,889,034

# The People Who Make It Possible

#### **♥** 2020 Volunteers and Interns

Megan BettenbergTyler HayesJoe CardamoneNicole HodgesBrandon CarsonBreanna HolliganSolana CevilleMajidah HoseinHazel DewDJ MearGreg FanningNoemi NunezMaddie FanningMikayla Palma

Camilla Perez Sonly Perez Steve Ulrich Nayeli Villalobos-Garcia Essence Williams

#### ♥ 2019 & 2020 Staff and Consultants

Cathy Phelps, MA, LCSW	Executive Director
Kathi Fanning, MS, LPC	Director of Training
Amy Ulrich, MNM	Director of Administration
Joan Njagu, MBA	Finance Director
Enid Nieves (MSW Candidate)	Director of Hotline Services
Miles Cook, MA	Internship Specialist
Maryan Gomez, JD	. Mi Gente VAWA Legal Solutions
	BIA Accredited Representative
	Paralegal
Fatima Garchia-Sanchez	. Mi Gente VAWA Legal Solutions
	BIA Accredited Representative
	Paralegal
Cristina Garcia (5/20)	. Mi Gente VAWA Legal Assistant
Cinthia Esparza, BS	Mi Gente Legal Assistant
Breanna Holligan, MSW	LEP/Mental Health Coordinator

Pamela Liverpool, BS	Program Manager TI Center
-	
Rosa Richardson, MSW (9/20)	Elder Specialist
Karen Frazier	Elder Case Manager
Antonio Gonzales, MA (4/20)	Counselor
Michael Wilkins, LCSW	Counselor
Joe Cardamone, (MSW Candidate)	Counselor
Madeleine DeWitt, BA (8/20)	Case Manager
Mikayla Palma (MSW Candidate)	Case Manager
Jessenia Ascencio	Case Manager
Raikeis Timm, RYT	Peer Yoga Specialist
Yvonne Maina, BA (5/20)	Executive Assistant
Rayna Kingston, BA	Executive Assistant
Alexis Dorn	. Website/Marketing Consultant
Ginger McGuire, JD, Esq	Supervising Attorney
Kent Webb, LCSW	

#### ♥ 2019 & 2020 Officers and Board Members

President
Brooke McGuire
Bank of Oklahoma

Vice President
Nadia Lopez
Admiration Auto Ro

Admiration Auto Body

Treasurer Lawson Felice FirstBank

Secretary
Sire' Nzirimo
Nationwide Insurance

Alexandra Newfield Education Technology

Karen E. Collier Community Activist

Victoria Cisneros Deputy District Attorney

Michael Wyatt

Denver Police Department

Lanceferd Alexander
Denver Sheriff Department

**Tanya Dobbins**Denver Deputy Sheriff

Terri Eggert

Steel Energy Services Ltd.

**Vanessa Williams**Globus Family of Brands

Scott Snow Director

Denver Police Department

## Special thanks and a fond farewell to:

Brooke McGuire, Victoria Cisneros, and Tanya Dobbins