The Center For Trauma & Resilience

2016 Annual Report

Greetings to Friends, Donors and Community Supporters!

"I have found that among its other benefits, giving liberates the soul of the giver."— Maya Angelou



As I make my exit as the president of The Center for Trauma & Resilience Board of Directors, this quote from Maya Angelou could not ring more true for me. The past seven years on the board have been nothing short of fulfilling. When I joined the board in 2009, I was not clear what my impacts would be on the organization other than financial. I had no previous board experience and the nexus between governing an organization and directly effecting change in the community was not crystal clear. I went in with the intention to not only "make a difference" but to become a better community member by giving in any and every way I could, all while further advancing the mission of a wonderful organization. Through guidance and others' experiences and leadership, I was able to understand that for a nonprofit to be truly successful, all parts of the

organization are mutually valuable and must all work together in a balanced and intentional way to accomplish longevity.

As I self-reflect on the past seven years, what has become tremendously clear is that the spirit and practice of philanthropy is something that I believe collectively improves the human condition. It is not merely the giving of financial resources, but giving of one's expertise, passion, talent, and experience. So, in other words, anyone can be a philanthropist. We all come from varying walks of life, which contributes to the uniqueness of how we view the world and how and why we choose to make an impact. I firmly believe that deep down, we all want to make the world a little better than the condition it was in when we entered it. This has been my motivation these past seven years.

As I move forward, serving on the board of directors at CTR has ignited my desire to do more, be more, and serve more. As I continue to navigate the world with a young child, I can proudly instill in him the value of philanthropy and provide him the firsthand accounts of the everimportant and socially responsible duty of giving what you can, how you can, when you can. Serving on the board of directors of CTR has been one of the most valuable experiences I have had. Thank you, CTR, for allowing me to fulfill my promise of leaving my mark!

Sincerely,

Vanessa Vargas **Board President**

Statement Of Purpose.

Agency Mission

The Center for Trauma & Resilience provides culturally and linguistically responsive programs, health promotion and crime prevention education. A victim is defined for this purpose to be an individual who has been directly or indirectly injured by another's criminal act resulting in physical, psychological, social or economic harm. Included in this definition are persons victimized as a result of religion, national origin, race, ethnicity, gender, age, sexual orientation and disabilities.

Staff Mission

To create and maintain a cooperative work environment which promotes accountability, trust, and respect for individual strengths and team growth, while sharing a commitment to a common vision.

Our Vision

- Operate a 24-hour clearinghouse to refer people to exiting services and to work cooperatively on behalf of victims and their needs.
- Fill the gap in services and create services where the need exists.
- Provide services to crime victims who have been underserved because of their income, age, gender, ethnicity, sexual orientation, religious beliefs, disability or national origin.
- ♥ Support, without duplication, private sector and other nonprofit organizations in offering services, including mental, legal, health, therapy, etc.
- Provide services to Denver residents and victims of crime committed in Denver.
- Provide confidential services unless danger to a child, self or others is disclosed.

All CTR services are confidential and provided at no cost by professional counselors and trained volunteers.

The People Who Make It Possible

♥ 2016 Volunteers and Interns

Rochelle "Tayler" Barber Andrea LeMay Erica Quintana-Garcia Andrew Brown Mohammed Mamdu Mark Rhode Jesse Boyd Jerusalem Mamo Rosa Richardson Rene DiBenedetti Ashanti Maxworth John Rodriguez **Greg Fanning** Jordan Meyer Steve Ulrich Madison Fanning Stacia Miller Mario Valdez Danielle Fouty Jen Peng Jesus Villalobos Alphonso Greathouse Kamilia Perez Sierra Walker Hannah Herrera Sonly Perez Jalisa Williams

♥ 2016 & 2017 Staff and Consultants

Cathy Phelps, MA, LCSW	Executive Director
Kathi Fanning, MS, LPC	Director of Training
	Director of Administration
Joan Njagu, MBA	Finance Director
Janice Rhyne, MNM	TI Center Program Manager
Daiga Keller, LCSW	Elder Specialist (to 08/16)
Rosa Richardson, MSW	Elder Specialist
Ashley Brown, LPC	Internship Specialist
Enid Nieves	Program Manager for Hotline
Mario Flowers, MA	
Soleil Jacquez	Case Manager
Lorena Zamora	Case Manager
Fatima Garcia-Sanchez	Mi Gente VAWA Legal Solutions
	BIA Accredited Representative

Claudia Ortega, MSWMi Ge	nte VAWA Legal Solutions (to 05/16
Antonio Gonzalez, MA, CACIII.	Mi Gente VAWA Legal Solutions
Maryan Gomez	Mi Gente VAWA Legal Solutions
	BIA Accredited Representative
Pamela Liverpool	Program Assistant, TI Center
Carina Bañuelos-Harrison	Administrative Assistant (to 06/16
Alexandra Fink	Administrative Assistant
June Nery	Marketing Consultant
Alexis Dorn	Marketing Consultant
Joy Athanasiou, Esq	Supervising Attorney (to 01/16)
Ginger McGuire, JD, Esq	Supervising Attorney
Kent Webb, LCSW	Clinical Consultant

Commander Paul M. Pazen

Rangel Business Services, Inc.

Denver Police Department

Angie Rivera-Malpiede

Frankie Rachell-Bruce

Stapleton Foundation

Community Volunteer

Axel Rangel

♥ 2016 & 2017 Officers and Board Members

President Vanessa Vargas Denver Health Colorado Civil Rights Division Denver Bronco Professional Vice-President

Isabel Pallares, JD Denver District Attorney's Office

Treasurer Kimberly Storms

ALPS Fund Service, Inc.

Secretary Brooke McGuire U.S. Bank

Heather Callahan Community Volunteer **Tyrone Braxton**

Football Player (1995-2000)

Tanya Greathouse

Metropolitan State University of Denver

Allison Greene

Metropolitan State University Grant Services Coordinator

Carla Havard

Lynette Holland

Called 2 Care. Inc.

Denver Police Department

First Bank

Special thanks and a fond farewell to:

Erika Bañuelos, Morgan Beidleman, Rebekah Melnick and Simone Montoya

Todd Taylor

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THE CENTER FOR TRAUMA & RESILIENCE

STATEMENT OF FINANCIAL POSITION

December 31, 2016

The Cer	nter for Trauma	& Resilience (CTR)	
Sta	atement of Fina	ncial Position	
	December 3	1, 2016	
ASSETS		LIABILITIES AND NET ASSETS	
Current Assets:		Current Liabilities:	
Cash and Cash Equivalents	265,577		
Grants Receivable	131,083		
Foundations Receivable	7,500		
Accounts Receivable	12,643		
Employee Advances	7,983	Accounts Payable	1,109
Prepaid Expenses	10,934	Accrued Expenses	89,024
Other Assets	4,200	Current Portion of Notes Payable	11,15
Total Current Assets	439,920	Total Current Liabilities	101,28
Property and Equipment:		Long-Term Liabilities:	
Land	258,220	Notes Payable, less current portion above	343,493
Building	698,851	Total Liabilities	444,778
Furniture and Fixtures	62,062	Net Assets:	
Equipment	47,350	Total Unrestricted	901,229
Less Accumulated Depreciation	(159,550)	Total Temporarily Restricted	32,803
Total property and Equipment	906,933	Total Permanently Restricted	20,000
Cash in Bank - Restricted	32,696	Total Net Assets	954,032
Beneficial Interest in a Perpetual Trust	19,261		
	958,890		
Total Assets	1,398,810	Total Liabilities & Net Assets	1,398,810



	STATEMENT OF ACTIVITIES			
	December 31, 2016			
REVENUES AND OTHER SUPPORT	Unrestricted	Temporarily Restricted	Permanently Restricted	Tota
Grant Revenue	925,010			925,010
Contributions	93,528			93,528
Contributions, In Kind	11,791			11,791
Special fundraising events, net of direct costs	2,864			2,864
Translation Fees	140,104			140,104
Change in Value of Beneficial Interest in Perpetual Trusts	-	107		107
Net Assets Released from Restriction	1,478	(1,478)		-
Total Revenue	1,174,775	(1,371)		1,173,404
Expenses:				
Program Services - Translation Center	159,499	0		159,499
Program Services - Victim Support Programs	835,694	0		835,694
Management and General	16,567	0		16,567
Fundraising	109,416	0		109,416
Total Expenses	1,121,176	-		1,121,176
Other Income (Expense):				
Miscellaneous Income (Expense)	(15,086)	0		(15,086
Interest Expense	(18,499)	0		(18,499)
Interest Income	244	0		244
Total Other Income (Expense)	(33,341)	-		(33,341
CHANGE IN NET ASSETS	20,258	(1,371)		18,887
Net Assets, beginning of year	880,971	34,174	20,000	935,145
NET Assets, end of year	901,229	32,803	20,000	954,032

For year ending 12/31/16, Watson, Coon & Associates P.C. performed the audit of CTR's financial statements.

Please call the CTR Finance Department for a complete report.

The information above is extrapolated from the 2016 audit.

TRAUMA SERVICES PROGRAM

24-HOUR HOTLINE

- Provided comprehensive services and case management to 1,353 primary and co-victims, and responded to 4,441 requests for information and referrals.
- Coordinated the disbursement of more than \$26,000 of emergency funds for expenses related to the victimization of 110 individuals.
- Provided 1,228 short-term crisis counseling sessions that guided survivors through trauma recovery.
- Provided emergency food vouchers to 110 clients.
- Provided crime prevention education and information to 577 individuals.

BEFRIENDING THE BODY

Conducted 18 eight-week series of classes on trauma-sensitive yoga for 228 participants.

CHILDREN, YOUTH AND FAMILIES

Served 130 children and their families.

ELDER PROGRAM

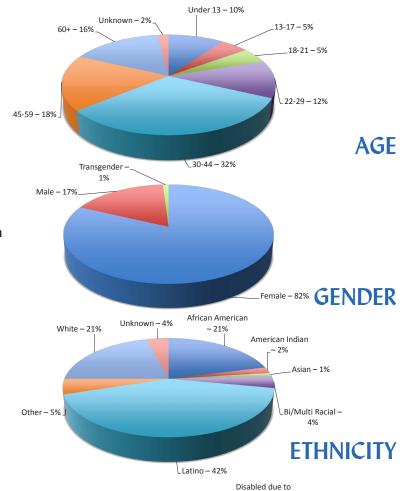
- Served 149 seniors and coordinated 7 senior support groups for 126 individuals.
- Provided 123 personalized crime prevention assessments.
- Our Senior Companion provided accompaniment and transportation services for 169 individuals.

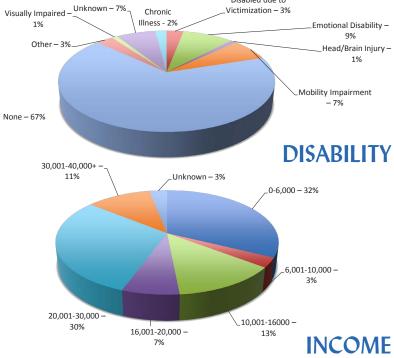
MI GENTE-VAWA LEGAL SOLUTIONS

Assisted 132 immigrants who have been victims of domestic or sexual violence to obtain legal status in conjunction with the Violence Against Women Act.

THE TRANSLATION & INTERPRETING CENTER

Provided language services at no cost for 542 survivors. CTR provides a wide array of services to a diverse constituency. The following provide a graphic representation of client statistics. Percentages are based on client cases closed.





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Additional Highlights

- ▼ Diversify Your Practice Yoga Symposium took place June 24, 2016, at Stonebrook Manor in Thornton, CO.; \$7,000.00 was raised and 85 persons participated.
- * CTR staff members attended the Martin Luther King Jr. Awards to honor board member Angie Malpiede on January 15, 2016.
- ▼ Fund Raising Committee hosted High Tea on February 27, 2016.
- Executive Director's book, Nonprofit Transformed: Compassion Fatigue Self-Care Resilience was published.
- Staff participated in the Colfax Marathon.
- CTR was voted Top 4 Best Nonprofit to Work For in the United States in 2016.



Angie Malpiede hosts High Tea with Board President Vanessa Vargas and Vice President Isabel Pallares



Dance Lesson at Noche Tropical



Diversify Your Practice Yoga Symposium



Mario Flowers and Enid Nieves take part in the Colfax Marathon

Special Thanks to Our Donors

Our heartfelt thanks to all who invested in the mission of The Center for Trauma & Resilience during 2016.

Tanya Greathouse

Victim Supporters

Antoinette Hudson

Audrey K. Rupe

Brenda Chapman

Claudia Ortega

Eldridge Sims

Gayle Hamlett

Gerald Sullivan

Jennifer Leliaert

Enid Nieves

Jack Smith

Joan Njagu

Julie W. Kopp

Kimberly Smolka

Kristen Whealon

Lisa Martin Hart

Marilyn Marsh

Marvan Gomez

Michael Sawaya

Nan Clydesdale

Robin Holland

Sarah Johannes

Rebecca Gillespie

Marcy Ann Kaufman

Mark & Lyndi Rohde

Mary Patricia Beach

Maylene April Visaya

Rob and Fran Fletcher

Shawn DeBerry Johnson

Stefan and Brenda Mokrohisky

Brianna Nicholson

Charles and Barbara Rhyne

Jonathan and Shirley Asher

(gifts of \$100 - \$249)

Tayler Barber

Abbey Roads

Annette Vigil

Foundations and Government Grants

17th Judicial District VALE 18th Judicial District VALE 2nd Judicial District VALE A.V. Hunter Trust **Anschutz Family Foundation** Rose Community Foundation Schlessman Family Fund Stapleton Foundation for Sustainable Urban Communitie State of Colorado Domestic Violence Program

The Buck Foundation The Denver Foundation The Denver Foundation – Brian G. Curtis Fund The Moca Foundation

U.S. Bank Foundation U.S. Department of Justice -Office for Victims of Crime Victims of Crime Act

Corporate Donors

1st Bank

Affordable Plumbing and Maintenance **ALPS Portfolio Solutions** Bradley & Bradley Realtors, Inc. Core Power Yoga

Victims Benefactors

(gifts of \$500 or more) Colleen Thumm Frankie Rachell-Bruce Heather Callahan Jane Held Janice Rhyne Kathi Fanning, LPC Paul Pazen **Todd Taylor** Vanessa Vargas

Victim Advocates

(gifts of \$250 - \$499) Andrea Kawulok Angie Rivera-Malpiede Brooke McGuire Carolyn Agosta Cassandra Herbert Donna Truiillo Isabel Pallares, JD Juanita Dixon Kimberly Storms Lynette Holland

Stephen Ekerberg Thomas J. Beckett Tonya Bjurstrom

Victim Assistants (gifts up to \$99) Adjoa Robinson Alba Abarca Alicia Cuaron Allison Brannon Angela Cortez Angela Walker Anjanette Gilchrist Antonio Gonzalez

Ashley Lenderink

Kia M Ruiz

Steve Siegel

Beverly Ann Brauer, Psy.D.

Brenda Melons Cathy Phelps **In-Kind Donors** Cheryl Ruiz-Lucero 3 Margaritas Cintya Ventimiglia Alexandra Fink Debra Alcorn Angel Cruz-Lopez

Fannye Evans Bradley & Bradley Realtors Frederick Tye Brian Stark Ilze Joy Brianna Borin Jennifer Dewey Brooke McGuire Jessica Link Carol Schmidt Joseph Do Cathy Phelps

Judith Ann Schwartz Copper Mountain Resort **Denver Architectural Foundation** Jules Kelty Diana Abeyta June Nery Karin Bustamante Fllen Forbes Kenneth Boyd **Enid Nieves**

Fatima Garcia

Fernando and Roberto Esteves Kristi Raisch Francesca Matalka Laurie Tanner Lindy Lyman Frankie Rachelle-Bruce

Lizzie Montanez Garrett Ladd

Lucille Rice Green Valley Ranch Golf Club

Maria Arredondo Heather Callahan Maria Falcon Hoang Dinh Maria Garay Isabel Pallares Mario Flowers Janice Rhyne Marguis Tate Janie Reyna Mary M. Sims Jared Blauneiss Michele Yonker Jessy Mancha Michelle Simmons Kathi Fanning Mildred Joda Kerry Arquette Nadya Waziri Kimberly Storms Nora Bashir Kristen Thornton Pamela Liverpool Lynette Holland

Patty Suich Mario Flowers Philip B. Jones Maryan Gomez Romana Gutierrez Mary Buckley Rosa Richardson Michaela Escontrias Senakhu Donald Mulberries Cake Shop Sharon Wood Pamela Liverpool Sheila Davis Pauline Herrera Serianni

Siobhan Blanckaert Raccoon Creek Golf Course Soleil Jacquez Salon Centro Americano Stephanie Cross Sin Lounady Stephanie Spriggs **Snooze Eatery**

Soleil Jacquez

Susan Bhat Tiffany Seas The Woodhouse Day Spa Susan Shotts

Victoria Lynne Sweet **Todd Taylor** Virginia Moreno del Castillo Vanessa Vargas Vivian Sheldon Epstein

Ashanthi Maxworth Morgan Beidleman Page 4 Page 5